



Printable Weekly Writing Planner

This planner is created for authors to use as a printable companion to their writing routine. It balances structure with reflective space and can be used weekly throughout the drafting process.

It is suitable for physical print.

Weekly Overview

Week Beginning: _____

Primary Focus for This Week (select one):

- Momentum and consistency
- Deep scene development
- Plot progression
- Character exploration
- Emotional layering
- Structural clarity

Intent for This Week:

Daily Writing Plan

Day	Planned Time	Target (words or scene)	Focus Area	Completed
Monday				<input type="checkbox"/>
Tuesday				<input type="checkbox"/>
Wednesday				<input type="checkbox"/>
Thursday				<input type="checkbox"/>
Friday				<input type="checkbox"/>
Saturday				<input type="checkbox"/>
Sunday				<input type="checkbox"/>

Session Reflection

Session Log 1

DAY
1

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Session Reflection

Session Log 2

DAY
2

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Session Reflection

Session Log 3

DAY
3

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Session Reflection

Session Log 4

DAY
4

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Session Reflection

Session Log 5

DAY
5

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Session Reflection

Session Log 6

DAY
6

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Session Reflection

Session Log 7

DAY
7

Duration: _____ Words or scene completed: _____

What worked well:

Challenges encountered:

One line I am proud of:

Creative Observations

Where did focus feel strongest?

- What distracted or disrupted flow?

- Any new ideas or narrative developments?

- How did characters evolve?

Creative Observations

Where did focus feel strongest?

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Momentum Anchor

Where did focus feel strongest?

- I am writing this book because:



- This line restores focus whenever momentum fades.

